



Town of Estes Park – Senior Services
Estes Park Senior Center
220 Fourth Street
Estes Park, Colorado 80517
www.estes.org/seniorcenter

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News - For immediate release

AARP Driver Safety Course offered at Senior Center
Dates announced for 2015 – register for January class now

The AARP Driver Safety Program course will be offered several times throughout 2015 at the Estes Park Senior Center, 220 Fourth Street. The first class of 2015 will be held on Thursday, January 22 from 10:00 a.m. to 3:30 p.m. The cost is \$15 for AARP members or \$20 for non-members and covers the cost of the comprehensive course workbook. Checks should be made payable to AARP the day of the class. A minimum of six people is required for each course. Register now for the January class by calling the Senior Center at (970) 586-2996.

Five other class dates are planned for 2015; those dates are March 26, May 28, July 23, September 24 and November 12.

Course participants may be eligible to receive a discount on their auto insurance premiums; participants are encouraged to consult their insurance companies for details. The AARP Driver Safety Program is the nation's first and largest driver safety course designed especially for drivers age 50 and older. The course is intended to help drivers live more independently as they age and remain safe on today's roads. Since the program's inception in 1979, more than 12 million participants have completed the course.

The course covers defensive driving techniques and the normal changes in vision, hearing, and reaction time associated with aging. The course also provides practical techniques for adjusting to these changes to ensure the driver's own safety and that of others on the road. There are no tests required.

Participants have several options for lunch. There is a one-hour break from noon to 1:00 p.m. Participants may make a lunch reservation at the Senior Center's Café. The cost for lunch is \$5 for EPSCC, INC. members or \$7 for non-members; or participants may opt to buy items from the snack basket at the Center or they may bring pre-packaged snacks along. Sack lunches or take-out foods are not allowed at the Senior Center.

For more information, please contact the Estes Park Senior Center at (970) 586-2996 or visit the Center at 220 Fourth Street, Monday through Friday between 9:00 a.m. and 4:00 p.m. Please visit the Senior Center website at www.estes.org/seniorcenter. To receive Senior Center news in your e-mail inbox, please e-mail lmitchell@estes.org.

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